



Practice being a strong family at the  
**STRENGTHENING FAMILIES PROGRAM**

**Attention, families with 10-14 year-olds!**

Strengthen relationships and build communication during pre-teen years. Join us for this FREE 7-week program. Separate sessions will be offered for parents and pre-teens/teens (ages 10-14) as well as combined family sessions. Free family dinner and childcare for siblings (ages 1-9) are provided.

**WHEN:** Every Thursday, February 15 - March 29  
5:30 - 8:00pm

**WHERE:** Central Assembly Church\*  
896 Home Street, Muskegon, MI  
*\*Note: this is not a faith-based class*

**TO REGISTER:** Contact Howard Matthews at (616) 396-2301 ext. 145  
or by email at [hmatthews@arborcircle.org](mailto:hmatthews@arborcircle.org)

