

ATTENTION: Families with 10-14 year olds!



**Is your family struggling?
Do you wish you had some help?**

Learn and practice being a strong family unit at the **Strengthening Families Program**

Separate sessions for pre-teens/teens (ages 10-14) and parents, as well as combined family sessions! The program is FREE. FREE family dinner & childcare (ages 1-9) provided as well. This is a video-based 7 week program with lots of activities!

When: 7 Thursdays: September 21st – November 2nd

Time: 5:30pm to 8:00pm

Where: At *Timberland Charter Academy*
2574 McLaughlin Road, Muskegon, MI 49442



**CALL NOW
TO REGISTER!**
Contact Howard Matthews @
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